<table>
<thead>
<tr>
<th>Time</th>
<th>Session Type</th>
<th>Title</th>
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<tbody>
<tr>
<td>08:30 - 10:00</td>
<td>OPENING CEREMONY &amp; RECEPTION</td>
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<tr>
<td>10:00 - 10:30</td>
<td>PAUS</td>
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<td>10:30 - 12:00</td>
<td>LUNCH</td>
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<td>12:15 - 13:00</td>
<td>LUNCH</td>
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<td>13:00 - 14:00</td>
<td>PAUS</td>
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<td>14:00 - 15:30</td>
<td>CLOSING CEREMONY</td>
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<td>16:15 - 17:00</td>
<td>PAUS</td>
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<td>18:30 (SP)</td>
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<td>21:00 (SP)</td>
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<tr>
<td>22:30 (SP)</td>
<td>PAUS</td>
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**Abbreviations**
- WS = Workshop
- PD = Plenary Discussion
- CRT = Cognitive Remediation Training
- S = Symposium
- OP = Open Panel
- PRE = Pre-Workshop
- POST = Post-Workshop
- SP = Special Session

**Keynote Speakers**
- David M Clark
- Art Freeman
- Anke Ehlers
- Terry Wilson

**Meeting Points**
- Waterfront Congress Center Entrance at 12:00 (or Långholmsbadet at 13:00 [Address: Långholmsmuren 21, Stockholm])
- Rival bar, Address: Mariatorget 3, Stockholm
- Scandic Continental, Address: Vasagatan 22, Stockholm

**Meeting Spot**
- Pre-WS: Metodamötet, Address: Rådhuset, Kungsholmen, Stockholm
<table>
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<tr>
<th>Session</th>
<th>Title</th>
<th>Presenter(s)</th>
<th>Description</th>
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</table>
| Time 1  | ACT, psychological flexibility, and chronic pain: A short practical workshop | Lance McCracken | Pre-WS
| Time 2  | Workshop on the prevention of prejudice: Using Perspective taking to develop empathy and psychological flexibility | JoAnne Dahl & Magnus Johansson | Pre-WS
| Time 3  | Schematherapy for Children, Adolescents, and Parents | Christof Loose | Pre-WS
| Time 4  | Rumination-focused CBT as a transdiagnostic treatment for depression and anxiety | Edward Watkins | Pre-WS
| Time 5  | Symptoms of OCD | Stirling Moorey | Mini WS
| Time 6  | Symptom of OCD | Maria Bragesjö | Mini WS
| Time 7  | Mechanisms underlying the efficacy of exposure in virtual reality for anxiety disorders | | S66
| Time 8  | Depression 2 | Hannah Murray & Sharif El-Leithy | WS
| Time 9  | Beyond reliving in PTSD treatment: Advanced skills for overcoming common obstacles in memory work | | WS
| Time 10 | From Crisis to Growth - Resilience training with children and adults to prevent psychopathology and build life skills | Daniel Hamiel | WS
| Time 11 | Perspective taking skills in the treatment of severe somatoform disorders | Shiva Thorsell & Jaap Spaans | WS
| Time 12 | Group CBT for Depression in Adults | Ingrid Söchting | WS
| Time 13 | Setting the Grounds for a Valued Change in ACT | Iftah Yovel | WS
| Time 15 | Brief Behavioral Activation for Depressed Adolescents | Laura Pass | WS
| Time 16 | To start learning RFT | Niklas Törneke | WS
| Time 17 | Cognitive-behavioural therapy for eating disorders: How to deliver evidence-based treatment in real-life clinical settings | Glenn Waller | WS
| Time 19 | Developing a trauma-informed treatment option in primary care: A skills-based model for patients with adverse childhood experiences | Dennis Pusch, Chantelle Klassen, David Whitsitt, Keith Dobson, & Julia Poole | WS
| Time 20 | Transdiagnostic Experiential CBT for Rumination | Sanjay Rao | WS
| Time 21 | The Willpower Workshop: Improving outcomes in motivational and affective disorders | Frank N Ryan | WS
| Time 22 | Coping Power for children with aggressive behavioral problems | Pietro Muratori, Maria Helander & Laura Ruglioni | WS
| Time 23 | The Art of Empathic Confrontation: How to by-pass dysfunctional coping behaviors within the therapeutic relationship | Poul Perris & Carl Gyllenhammar | WS
| Time 24 | Building Shame Resilience in OCD and BDD populations | Tara O'Donoghue & Lisa Williams | WS
| Time 25 | Exposure based cognitive behavior therapy for irritable bowel syndrome – theory and treatment | Brjánn Ljótsson | WS
| Time 26 | Using Acceptance and Values in Pain Management – Integrating Core Clinical Strategies from Acceptance and Commitment Therapy in Clinical Practice | Mike Kemani | WS
| Time 27 | Imperative & Acceptance: Techniques for Building Resilience in Children with Neurodevelopmental Challenges | William Ayres | WS
| Time 28 | Mindfulness and its impact on the internal body | | LUNCH
| Time 29 | Mindfulness and its impact on the internal body | | LUNCH
| Time 30 | Mindfulness and its impact on the internal body | | LUNCH
| Time 31 | Mindfulness and its impact on the internal body | | LUNCH
| Time 32 | Mindfulness and its impact on the internal body | | LUNCH
| Time 33 | Mindfulness and its impact on the internal body | | LUNCH
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| Time 43 | Mindfulness and its impact on the internal body | | LUNCH
| Time 44 | Mindfulness and its impact on the internal body | | LUNCH